A WORD FROM OUR PRESIDENT

Dear Supporters,

By the mercy of Allah (swt) we have had an incredible year. We celebrated our 10th anniversary by giving back to our community more than ever before - we expanded our services, our programs, and our partnerships. As the needs of our community grow, so do our goals. We would like to thank each and every one of you for the support and love you have shown to An-Nisa - we cannot reach our goals without your help.

This upcoming year we are committed to investing in an organizational infrastructure that supports our growth and enables us to provide excellent service to both our donors and our beneficiaries.

We are so grateful to you for your support and commitment to our mission.

BIBI KHAN
FOUNDER & PRESIDENT
An-Nisa is a non-profit 501(c)(3) organization working to empower, educate, and enrich the community by providing counseling, educational programs, and necessary assistance to help our clients regain self-sufficiency.

**MISSION**
To provide services and resources to bring individuals and families to self-sufficiency. Services include: case management, counseling, and education.

**VISION**
To eliminate crisis within the family unit.

**CORE VALUES**
Confidentiality, care, and commitment.
MEET OUR TEAM

President | Bibi Khan
Operations Director | Vaseem Ansari
Community Liaison | Sadaf Patel
Sakina Center | Thahira Ahmed
Marketing Director | Safra Khan
Education Lead | Fizza Butt
Volunteer Coordinator | Humera Siddiqi
Career Coordinator | Mukhtadar Khan

To volunteer with us, send an email to humera.siddiqi@annisa.org

in photo: Members of An-Nisa's Core Team
SERVICES

**Case Management**
- Jumpstart
- Financial Assistance
- Career Assistance
- Client Resources
- Helpline
- Partnerships

**Counseling**
- Individual
- Marriage
- Pre-Marital
- Couple
- Support Groups
- Play Therapy

**Education**
- iBelong Mentorship
- Youth Classes
- Starting With Me
- Women's Conference
- Presentations/Workshops
2019 RECAP

2019 was a busy year for An-Nisa. Without your support, none of this would be possible. Here are some highlights to recap the year.

- Total Cases: 384
- Financial Assistance: 491
- Counseling Sessions: 493
- Helpline Calls: 5930
- Jumpstart Clients: 18

*Statistics taken from An-Nisa's ATOM database*
CASE MANAGEMENT
HIGHLIGHTS

Case management is a major aspect of what we do at An-Nisa. Our caseworkers are routinely trained and are the backbone of everything we offer to our clients.

Case management services are offered for victims of domestic violence and those in crisis situations. We work to strengthen and promote healthy family relations within the home. We provide confidential support, resources, advocacy, and more services to promote self-sufficiency to these single mothers and families.

Each client also receives referral services to help with obtaining the appropriate government or community resources (financial assistance, emotional stability, and educational benefits). A call to the helpline, a referral or a walk-in, is usually the introduction to one of our caseworkers. An intake is done to assess their needs and a self-sufficiency plan in put in place.

"An-Nisa has been the backbone of my family for almost two years. I am so thankful that God has blessed me and helped me to find this organization." - E.B., Client since 2018

Case Management Services Include:

- Housing & Transportation Assistance
- Helpline Operation
- Educational Programs (ESL, driver's ed, job training, etc)
- Basic Necessities (clothing, food, furniture, household supplies, school supplies)
- Professional Assistance (medical, Mental Health, Legal, Immigration)
- Employment Assistance (Resume Building, Dress for Success, Job Search, Job Placement)
- Short-Term Financial Support
- Structured Support & Guidance
Education Highlights
Jumpstart is an An-Nisa program that was launched in 2019 to help single women and guide them to self-sufficiency. This includes but is not limited to domestic abuse victims, widows, homeless, and women in other crisis situations. The Resource Team researches and provides resources available to our clients. This program utilizes all the branches of An Nisa to uplift our clients and their families. Jumpstart has worked to help 18 women in 2019, and 11 of them have since reached complete self-sufficiency.
Step Up Program

The Step Up Program provides an array of classes and tutoring for youth in our marginalized communities, including refugees.

In 2019, Step Up has done:
- Weekly Tutoring
- Presentations on personal safety: "Good Touch, Bad Touch"
- Field Trips
- Youth Leadership Trainings

Classes are open to youth aging from kindergarten through 12th grade.

35 Students
48 Classes
2 Field Trips
In the summer of 2019, An-Nisa launched the iBelong Mentorship Program.

iBelong is a youth mentorship program which matches youth or “mentees” with responsible “mentors” who are young professionals. This program provides youth with mentors who can develop an emotional bond with their mentees, while providing support, guidance, and opportunities to help them succeed. We currently have 28 mentors and mentees enrolled in the program.

"Mentorship is a brain to pick, an ear to listen, and a push in the right direction."

- John C. Crosby
Presentations & Special Programs

This year we have expanded our awareness programs. We offer trainings and awareness workshops on issues affecting our communities like sexual assault, domestic violence, human trafficking, and more. Our programs have had some amazing guest speakers, including Shaykh Omar Suleiman, Imam Khalid Latif, Shaykh Joe Bradford, Ustadah Ieasha Prime, Dr. Hamed Ghazali, & professionals from a variety of different fields.

Workshops & Presentations:
This year our workshops and presentations were focused on bringing awareness to issues in our community that are considered "taboo topics". Our idea was to make sure there was an outlet that was shedding light on topics that are normally pushed under the rug. We kicked off "Let's Talk Taboo" at ISNAcon 2019 - and we must admit - it was the start of something amazing.

2019 Topics Included:
- Sexual Assault
- Domestic Violence
- Depression & Anxiety
- Human Trafficking
- Internet Safety (Digital Fitna)
- Suicide
- Child Safety (Good Touch, Bad Touch)
- Divorce
- Drugs

We have had the opportunity to do presentations in masajid and schools in Houston. We have worked with organizations like ICNA, ISGH, and Daya to share our expertise.

Staff Trainings & Workshops:
Our volunteers and staff are trained Islamically, professionally, and emotionally to ensure we are able to assist our clients - regardless of their situations - to the best of our abilities. We routinely have trainings on domestic violence intervention, case management processes, leadership and problem solving, and Tarbiyah classes that focuses on the importance of giving back to your community.
Presentations & Special Programs

10th Anniversary Gala:

To celebrate our 10th year Anniversary, we were joined by special guest speakers Shaykh Omar Suleiman, Ustadah Ieasha Prime, & Shaykh Joe Bradford. With 450 people in attendance we spent the evening talking a walk down memory lane - highlighting a decade full of achievements and milestones. The night was focused on showing our gratitude, not only to our supporters and friends - but to our clients and tribulations that have gotten An-Nisa to where it is today. The night's theme being "Thank You, An-Nisa..."

Domestic Violence Awareness Month

The month of October was Domestic Violence Awareness month and we were determined to raise as much awareness as we could. Our social media themes included Mental Health Mondays, Taboo Tuesdays, Highlights, and quotes that were all geared towards raising awareness on what domestic violence is and how you or a loved one can seek help.

Annual Women's Conference:

An-Nisa launched Starting With Me - a platform engaging and empowering women to succeed. It is a seminar that is held by An-Nisa twice a year and was the root for the Annual Women's Conference.

This year, the Annual Women's Conference was a full day event addressing issues and providing solutions for everyday issues that Muslim women encounter. We focused on women's issues that are normally considered a taboo within our society. Branching off from "Let's Talk Taboo" - topics for the conference included: "Let's Talk Intimacy, Let's Talk Abuse, Let's Talk Love, and Let's Talk Self-Love".

We were joined by a group of dynamic women and two Islamic scholars who carried the program throughout the day.
10th Anniversary Gala
Let's Talk Taboo at ISNACON 2019
Sakina Center Highlights
Counseling

Sakina Center is the branch that provides individual therapy, couples therapy, psychiatric services, play therapy, support groups, and psycho-education workshops. Sakina is dedicated to lifting the stigma on mental health and getting rid of negative stereotypes, by educating people about what mental health is. We aim to create awareness that mental health is a science and, in some cases, medical treatment is necessary, just like treating diabetes or heart disease.

Sakina Center currently operates with 5 mental health professionals:

- Thahira Ahmed, LPC-S, RPT
- Dr. Ketam Hamdan, Ph.D.
- Fatima Sultan, MA, LPC
- Amina Ishaq, LMSW
- Dr. Ateka Zaki, MD

As of 2019, we now accept all major insurance.

Our group of mental health professionals can assist with:

- Prevention & Early Intervention Care
- Depression
- Anxiety
- Marital Discord
- Behavioral Issues
- PTSD/Trauma
- Domestic Violence
- ADHD
- Play Therapy


Total Sessions In 2019: 493
Total Clients: 159
2019 FINANCES

Transparency is such an important value at An-Nisa. The information presented is based on the audited Financial Report for 2019. We thank you for your continuous support.

2019 Expenditure
$232,839.26

Client Services | $152,436.08
Education & Outreach | $26,737.80
Marketing & Fundraising | $40,995.68
Ramadan Assistance | $9,221.90
Jumpstart | $3,447.80

Operational Expenses
$43,108.41

2019 Revenue
$331,294.04
2020: Clarity Through Education

When we began planning for our 2020 goals, we saw the need for further educating our community: after all, change starts at home. We aim to increase our presentations, outreach, and education programs – as well as organizational structure. An ongoing theme throughout this upcoming year will be "Clarity Through Education" – a fresh spin on 2020 vision. Here are some exciting things in the works:

Mawakhat Program

The newest partnership for An-Nisa, Mawakhat means brotherhood/sisterhood. It is based on the project of our prophet Mohammed who connected one refugee family with one ansaar family. Mawakhat has helped 100+ deserving families and disbursed over $50,000 to help assist families with rent, utilities, medical needs, job assistance, and so much more. Their mission is to create a larger platform to assist the community members that are in need.

Mobile Tutoring Program

In our community – refugee children are struggling with their studies and often fall behind in their grade levels because they do not receive the one-on-one help they need as young students. The Mobile Tutoring program will assist these students by enlisting the help of trained and paid K-12 tutors to come out 4 times a week and work with them to stay on track with their studies.
To our donors, volunteers, clients, partners, & friends:

Thank you for trusting us.

An-Nisa is a registered 501(c)(3) nonprofit organization. All donations are tax-deductible.

Our EIN/Tax ID is: #27-0621815

@annisahouston

An-Nisa

@annisahouston

annisa.org

832-324-9111

info@annisa.org